

**TWE**

**NEVILLE**

**NIBBLES**

Manifesting To The Max – 2016

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## NEVILLE NIBBLE #1 REVISION TO THE MAX

What does Revision actually do?

(HOW ELSE can we use Revision – with that in mind?)

**“The outer world is a delayed reflection of the inner and is confined to a dimension of space where events occur in a time sequence. Revision, then, literally changes the past.”**

**“It replaces what occurred in the outer world with the revised version. The revised scene then gives off its effect by going forth to change future events.” – Neville Goddard Quote**

**“Revision literally changes the past.”**

<http://nevillegoddardquotes.com/?s=revision>

- Don't let REVISION be limited - to trauma therapy.
- Don't get stuck on ONLY using it to turn “bad” into “good”.

Use REVISION to turn good into GREAT.

(Start noticing - how often you can have fun - doing that - and how many times a day you can do this.)

On a seeming side note, lets explore....

## RESOURCES AND RESOURCE STATES

**RESOURCES:** Physical and non-physical “things”.

My computer.

My microphone.

This quote.

Our cottage.

The internet.

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My super secret agenda is:

I want more play mates and more play time.

(Join us?)

## **What is your SUPER SECRET AGENDA?**

Let's put more dance and play - where you've had war.

Many moons ago....

Marty and I traded time for dollars. We sold fossils door to door. We made enough money to buy the Universal Body Building System. A 12 week program....

That program, was "a solution" to a problem.

But more importantly, that "90 day program" - has become a MASSIVE resource and resource state for me.

It's a Resource - because I can STILL study how it was put together.  
It's a Resource State - because my experiences - exploring that - help me - help others. They give to my state of "Loving Teacher".

Notice how many ways in the recordings, this builds into resource states.

- **I can revise the bully....**
- **I can revise the BOOTY.**

We kept going, in my revision, Marty and i sold more than fossils door to door. We sold them through cheap classified ads. We made heaps of money, and became a success story....

**Power Point:** I can take a MONEY MULTIPLIER STATE and take that back into my childhood.

You - can take any EMPOWERING STATE or resource you have now - and REVISE them into your childhood.

**RESOURCE STATES:** Resources where YOUR action of self is predominant.

- Your memories.
- Your abilities.
- Your experiences.

And the memories, abilities and experiences of others.

**Power Point: What if you - took some of my best bits - and you then gave them to you - 10 years ago - using REVISION.**

What if I instead of just buying the Universal BodyBuilding Program, and stamps, what if Marty and I took that money, ran ads, AMPED UP my results, and started LEVERAGING my time and money back when I was 10 years old?

What if I learned Neville back then? What if I was doing 90 day experiments on my own back then....

**POWER POINT: Using REVISION, you can do all that. Take the best of your best, and build it in to your life EARLIER.**

A GREAT EXAMPLE....

I started doing 30 and 90 day experiments in my 30's or 40's what if I took that RESOURCE STATE and took it back into my teens and into my 20's?

What experiences and experiments of yours - that you got good results with - - will you take back WAY EARLY in your life - and give yourself

GREAT RESULTS with?

Homework: Take fossils - dead things - - and wholesale them into....

## NEVILLE NIBBLE #2 – REVISION TO THE MAX

**“Dwelling on past irritations or hurts perpetuates them and creates a vicious circle that serves to conform these negative emotions.”**

**“The circle can be broken by starting now to revise anything that you no longer wish to sustain in your world.”**

**“By revising the past, you rid yourself of any effect it may have on your future. Revision is truly the key, which can be used to unlock the doors that have kept you trapped in a particular state. Be ye transformed by the renewing of your mind.” – Neville Goddard**

<http://nevillegoddardquotes.com/?s=revision>

“Words reveal - how you are - limiting - your power.”

Let's dive into...

**This is so complicated....**

Notice - how complicated - my breathing was - while trying to - get through the prep work...

“This is so complicated: - is a Resource State.

I want you to have ALL STATES.

(Or to at least know you have access to them all -in ways that are useful.)

**“I can REMEMBER WHEN - life was so complicated....”**

**(Notice we combined two - for freedom...)**

Being a sick kid - I got to learn how to learn how to learn VERY effectively and learn on my own.

- What did you learn?
- What did you learn about you?

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The questions you ask - routinely - are RESOURCES. Make sure you have GOODIE QUESTIONS, and you'll generate way cool ADDITIONAL RESOURCES with them.

“This week in MM was interesting...”

(That's often indicating someone is stuck in the head....)

(Knowing that is a RESOURCE. I use my Resources and Resource States to invite them to HEART AND BELLY.)

**Neville's Book Titles - are RESOURCES in themselves.**

Find them at: <http://nevillegoddardpdf.com>

I have resources that I might not notice.... So do you...

## **Resources:**

Cottage.

Computer.

Microphone.

## **Resource states:**

Experiences.

Memories.

Questions.

## **Reverse Resources:**

Remembering when - things were so complicated..... Letting things - be simple.

Let's REVERSE the quote: “Dwelling on past irritations or hurts...”

to...

“Dwell upon past CELEBRATIONS.... upon past VICTORIES...” - Mr Twenty Twenty hacking Neville’s quote.

## **SPECIAL OFFER FOR MANIFESTING TO THE MAX MEMBER’S ONLY:**

<https://freeneville.com/money-mastermind-private-invite/>

The “centre” of the body is the HARA or the DAN TIEN.

My “body” is the centre of the universe.

(That is a resource of mine, feel free to take it and make it yours.)

I want you to notice the moment of IGNITION - and I want you to FEEL the ripples - the WILDFIRE spreading.

### **Henry Rollins tickets.**

Stacy bought herself tickets and 2 OTHER people bought her tickets to 2 other shows.

Anything in your history - can be a Resource State - or a Reverse Resource State....

You can find NORTH. Or you can find SOUTH and go the exact opposite question.



## NEVILLE NIBBLE #3 – REVISION TO THE MAX

“If you don’t want unlovely things to happen in your world then you must watch what you are thinking in the course of a day. You need not wait until the day’s end to change a thought to fulfil a desire.”

“Why not do as my friend does and revise the conversation as you hear it. If the words are not what she wants to hear she does not listen, but puts on that same wire the thoughts she wants to hear come through. She hears what she desires to hear and believes it will come to pass.” – Neville Goddard

**“If you don’t want unlovely things to happen....”**

<http://nevillegoddardquotes.com/?s=revision>

**“You need not wait.... to change a thought.... to fulfil a desire.”**

The belly seems to be... where desire is....

“Loins....”

The Hara or the Dan Tien - the centre of the body.  
My body is the centre of my universe.

Desire - isn’t in “the head”.  
(The HEAD is great for DEFINING – and making DISTINCTIONS.)

Awareness - notice what part of the quote - we associate with awareness...

Notice what people SAY - to notice how they get stuck.

The FIZZY DRINK - let’s call that the belly....  
The BUBBLES - moving up through the heart....  
POP in the head....

**Exploring the belly, prevents you from settling in being either a Mr Spock, or a cheerleader...**

I wish the Mr Spock's of the world, would drop into the heart more fully....

(And we imagine that too.... when we meet them.)

And we imagine them sinking fuller - into the BELLY.

**We know almost NOTHING about “the ocean”, and as a culture we know almost nothing about the terrain of the belly.**

Power Point:

- **I want you to do the 18 Inch Adventure more often, so you experience STARTING more often - from the belly.**

Medicine Wheel teachings: Emotion and sensation - give birth to thought.

Way before a thought is a VAGUE SENSATION. :)

Want more FREEDOM?

FEEL MORE FREELY.

Explore the buddha belly.

Explore the baby in the belly.

A general Desire and Feeling - of wealth - of richness - begins in the belly.

Joy and play comes in - in the heart.

**“Change a thought to fulfil a desire.”**

The vastness - ocean....

Feelings... waves...

Thoughts - are what's pushed by the waves.

## **KIDS DON'T HAVE AN ENERGY CRISES.**

Kids enjoy their belly.

- “What did I learn and what did I learn about me?” - The Head.
- “What do I feel?” - The Heart.
- The Belly - Is silent.

Thoughts are state dependant. (They are a resultant....)

**“I want your DESIRES to be fulfilled.”**

I don't want that coal - that glowing ember - to be put out by your thoughts.

Invite your thoughts - to FEED your states - to fan that coal into a flame - that consumes you.

# NEVILLE NIBBLE #4 - I REMEMBER WHEN TO THE MAX

Smoking a cigar with Emmett.

With you. That's probably a combination that has never existed before.

Let's explore new combinations of things.  
And lets explore your routines.

Tobacco.  
Smoking.

- **Does that bring up a response in you?**

Let's explore resources.

## Medicine Wheel teachings...

Tobacco - The East - Visionary - Artist - Contrary

We called Tobacco the "thank you plant".

Enjoy a little bit more thank you, and you'll enjoy a bit more peace.

Coffee.

For a while I gave up drinking coffee.

That began as a 90 day experiment.

(Notice that THAT is now a resource for me?)

Here is a resource for you: :)

[areyouadavinci.com](http://areyouadavinci.com)

Da Vinci's are people who can't do 40 hours a week, functioning at 10 to 20 percent, which is how most people seem to function.

**I stopped drinking coffee, because coffee is “bad” for Da Vinci's.**

That was good fun.  
So is drinking coffee again.

So I changed some things since then.

How I drink coffee has changed....  
(What I imagine about drinking coffee – has changed too...)

Also, i just love, yerba mate tea, it seems useful to promote the brainwaves associated with the state akin to sleep.

**Quitting tobacco: Notice how I explore that.....**

I put it in the past - had ZERO withdrawal. From 40 smokes a day - to nothing. NO PROBLEMS.....

(I put smoking “in the past” and I didn't IMAGINE withdrawal....)

**Let's talk “Smoking the pipe”, versus networking.**

Modern day networking involves a lot of SPEAKING, a lot of “take my card”.

Back in the old days, we traveled the trails, we carried shields. On your shield, there would be symbols, revealing bits about you.

My shield would have some stuff about being born early, in the spring. It would have something about martial arts.

It would have something about who I've been, what I've done, and what I do.

- **The shield doesn't protect, it reveals.**
- **It identifies who you are, who you are associated with.**

If we appealed to each other, we might stop and “share the pipe”.  
Smoking the pipe - the thank you plant, in silence.

THEN we might stay together and talk.

- **SILENCE came first - in the old days. - Belly.**
- **TALKING comes first today - stuff from THE HEAD mostly, maybe some bits from the heart too.**

The thank you plant is smoked in the BOWL of the pipe, which is FEMININE, the belly.

Intimacy is shared, before words. Once you live from this - you share it - between words - and it DRIVES the words.

(Notice we do this - in the recordings - in the shows....)

Now, allow yourself - to have these resources and resource states too.

**How to most people smoke?**

- **They feel bad.**
- **They grumble.**
- **They complain.**

What if THAT was what was causing cancer for them?

I used to think - tobacco causes cancer - coffee produces brain wave spikes.

Today - I consider - how do I approach BOTH of them.  
I consider how I approach EVERYTHING.

(What is the state – I am doing XX from?)

Will you be the KING - who defends the castle?  
Or will you be the KING who travels and explores THE KINGDOM?

# NEVILLE NIBBLE 05 - I REMEMBER WHEN TO THE MAX

Enjoying a Rocky Patel cigar, and the goblet of the gods.

SFAM's gift of cigars, tobacco.

Back in the day, tobacco was one of the currencies. It was called "the thank you plant".

## Do you call bank notes - "thank you notes"?

"Family" brain chemicals are what are produced, when you use Facebook and other social media.

The recording graph....

- **My resources for making recordings include Audacity.**
- **My recourse states for making recordings comes from prior experiences - both mine and others.**

Medicine Wheel lessons.

The songbirds are associated with the EAST. (The EAST is where we always begin, according to the elders...)

- **The songbirds sing their song of thanksgiving - BEFORE the sun comes up.**

Traditional teachings taught the song birds spread their song of thanksgiving - spaced just far enough apart - so that "thank you" was sung about - everywhere.

**"Prayer is not so much as what you ask for, but how you prepare for it's reception."**



Be thankful, not FRANTIC.

If your Feel It Real session was effective - you'll be feeling - THANKFUL

If your "Feel It Real" session was a daydream - you'll be feeling FRANTIC during the day.

### **Resource: Body Language - Julius Fast**

I want you to REMEMBER WHEN your energy was stuck up in your head - doing "either / or" and "right / wrong".

**I REMEMBER WHEN the Cottage was pretty much a chicken coop / a storage shed. BECAUSE of that, we started taking stuff up to the curb - the nature strip - and people TOOK it for us.**

(Thinking they were taking it for them.)

Remember When - you first imagined coming to see The Cottage, you can imagine doing that NOW - as if you ARE HERE.

**"I Remember When - - I had SPARK."** - - That MOVED us to share what we share in the Feel It Real Fun Videos....

That GAVE US what became this course.....

- **The Power of Purposes - "What is Your Why?"**
- **Ignition**
- **The 18 Inch Adventure**

## **DETACHMENT WARNING:**

Do NOT do what most people teach. Do not detach from your WISH. Detach from WANTING it, and Detach from your REACTIONS to the world - that are part of you not having your wish.... so you can 100% EASILY attach to YOUR WISH FULFILLED.

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Peek at this...

**Andrew and Yasemin gave us Emmett, AFTER we detached from WANTING a puppy, and fully lived in the state of PUPPY PARENTS.**

Andrew brought Emmett over for a visit, he was a VERY small pup....

Australians will drive for HOURS to get a car or a puppy. I won't. I am the exception to the rule – again.

I felt - our puppy - would come to us - like how Andrew's puppy - came to him.

(Listen to how I am using the tools, and memory in the recordings. Go to <http://nevillegoddardquotes.com> and peek at the quotes about memory.)

You can remember when something bothered you, and let it slip into the past.

You can remember when something was good, and let it become GREAT.

## **NEVILLE NIBBLE #6 - I REMEMBER WHEN TO THE MAX**

Let's pretend we are going to cure cancer today.

Cancer is a group of cells - out only for themselves. They are defending their castle.....

Cell division as a defensive act.

Something within your body - perceiving itself as separate.

EVENTS....

I don't remember ANY particular dinner (event) but I do know, "we eat like kings".

### **"The Incident."**

You can ERASE AND REPLACE INCIDENTS.....

I remember when they didn't go the way I wanted.... I remember when that bothered me.....

(Now it's easier to REVISE. )

### **BAD - GOOD - GREAT**

Emmett is outside now, Remember When he was here with me?

Now he's outside - with Bruce.

When I said "let's go", driven by the feeling of "let's go", Emmett GOES!

I REMEMBER When I had to tie Emmett up....

I Remember When I had to count my money, and choose my peanut butter

CAREFULLY....

I Remember When - I discovered - I AM - the source of wealth....

And if you still have to count your change - and count what's in the cart -  
REMEMBER WHEN you used to do that - FEEL IT like a memory....

Notice - how I use Neville's titles....

- **FEELING is the SECRET**
- **POWER OF AWARENESS**
- **SEEDTIME AND HARVEST**

I feel....

Home has a fireplace....

When we read your posts - when you ARE stuck in EchoVille - we are  
REMEMBERING when you were - stuck..... and we are  
REMEMBERING WHEN you started sharing your shifts and successes.

I want you to notice:

- **SPACE**
- **PROMISE**
- **POSSIBILITY**

I get to discover.....

You get to discover...

You make the decision and you get to be responsible for it's EFFECT on  
the world.

You aren't here to be the EFFECT of the world, you are here to AFFECT  
the world.

Most people don't live this way, this is why WE ARE GATHERING as a  
"tribe".

- **What you are - is what gives life.**
- **What are YOU giving life to?**

The more you PLAY the more PLAY TIME you will have.  
And the more PLAY MATES you will have.

Bonus Points: Expose yourself to the MEMORIES of other people. I do that by taking walks, and noticing what OUR TREES will look like in 50 years.... by looking at other people's tree's, and imagining our trees - that big....

**EMERGENTS - Knowing I Am the source of wealth..... (poverty seems to be nothing more than a LACK of attention to wealth).**

Notice how “the dog toy story” leads us to “the cottage” which leads us to “hey, you are here”!

All that - is an EMERGENT - from “I am the source of wealth.

**Take Away: Words - set direction. “Look, at the moon. Notice that ‘star’ off to the right.”**

Back in the states, I knew all the constellations. (Resource.)  
I shared them with my first girlfriend, they became an “excuse” to put my arm around her. (That's a resource state, you can use..... )

## NEVILLE NIBBLE #7 - IMPLICATIONS AND CONGRATULATORY CONVERSATIONS TO THE MAX

I have turmeric tea, it's in the Goblet of the Gods.

There may have NEVER BEEN turmeric tea in the Goblet of the Gods.

- **I want you to HEAR what I am FEELING, when I am talking.**
- **I want you to STOP being a court stenographer.**

BUILD THIS IN...

- **How would your friends REACT to your success?**
- **What are they saying?**
- **How does THAT feel?**

Remember, your friends can feel NEGATIVE emotions, ENVY for example.....

Some people will BEGIN there....

Imagine them - into a more LOVING place, where they celebrate with you - and LEARN from you...

EMERGENT....

Let's talk about EASY....

Some people you know, don't like EASY. Many people – work hard – to attack easy – and to resist it in their own lives.

**Imagine - those you know - who don't like EASY.... enjoying your EASY.... and THEM... buying into EASY.**

“Thanks for making it easy for me TT.”

(That Congratulatory Conversation - honours my gifts..... my strengths, my skills.)

Another CC....

Our accountant, talks to us, knowing where we are going, how we are growing...

## **LEVELS AND DIRECTIONS**

When you GET - “I am the source of all wealth....” your level will grow - and your direction will stay true.

IMAGINE you can handle DOUBLE.....

“If you doubled your income, what would you do?”

“How do you work with 10x your current income, in the United States?”  
(Find goodie experts - who can help you - because you are GOING THERE....)

START to imagine - more and more - what it’s like to have DOUBLE the amount - of income - of lovely people - of goodie conversations they are having with you and about you.

Take “the head” and put on one side - “they are talking positively” about me and on the other side have “they are talking twice as positively about me”. And have TWICE as many people talking LOVINGLY about you.

The wealthy man at the airport - knew EVERYONE. Everyone - talked well - about him. Including me - 30 years later.....

People will talk about you. Get 100% okay with people who will say,

“he’s okay - for a rich guy”.

Three ways people can talk about you.... coming soon!

**Side note: ONGOING EMERGENTS - get to replace EVENTS in your life.**

Experiment with them, they are a LOVELY option well worth exploring.

NOTICE how we use ENVY - to invite our friends - emerging into something LOVELY.

“Will you teach me?” BOOM!

Peek at SEGMENT INTENDING on [FREENEVILLE.COM](http://FREENEVILLE.COM)

(This also fulfils my primary purposes....)



## NEVILLE NIBBLE 8 – IMPLICATIONS AND GIVE YOURSELF SOME SPACE

Three different kinds of conversations people can have...

With you.

About you.

Around you.

My candle powered radiant heater....

One candle - made a massive difference in my life.

(Resources - Resource States.)

What to do when you can't do CONGRATULATORY CONVERSATIONS.

You need SPACE to be able to do a CONGRATULATORY CONVERSATION.

(Take care of your INNER CONVERSATIONS first.)

Use "the notebook". Every time you have a "negative inner conversation", put a tick mark on "today's page". Just so you can track how many INNER CONVERSATIONS you have that suck. This will NATURALLY - have you create more space - and this will BREAK the trance. This is a PATTERN INTERRUPT.

PATTERN INTERRUPTS: Don't try to WRESTLE THEM, just disrupt them, with this exercise.

When you bring ATTENTION to what's happening, in a gentle way like this....

What YOU are listening to - GOD is listening to.

You will find it MUCH EASIER to have lovely CONGRATULATORY CONVERSATIONS, when you have less CLUTTER IN CONSCIOUSNESS.

THINK cottage and candle and taking crap to the curb.

Power Point: What changes this - is YOU moving your attention - off of your Inner Conversations - and onto - getting your pencil and paper out of your pocket....

LOCKED BODY - FUZZY EYES

CONGRATULATORY CONVERSATION TYPES

With you.

“Good one.”

“Way to go mate!”

Around you.

You overhear....”You should see how great....” “His car is awesome....”

About you. (You wouldn’t hear these.)

“That is such a lovely house.”

SEPARATE STATES FROM THE PERSON WHO IS IN IT.

Notice the Noticer.

This is from NEVILLE GODDARD SIMPLIFIED - It’s a great exercise - that gives you AWARENESS of space.

When we started taking photo’s of ALL the food we ate, our what we ate - changed – naturally.

## **NEVILLE NIBBLE 9 – IMPLICATIONS AND THE TUMERIC TEA SESSIONS**

Let's enjoy some turmeric tea on the verandah.....

Back in 1989 I was taken hostage in a prison riot. I was beat to death, revived and that's when the fun began.

About a year after, I saw some people I went to school with...

They could tell I was "messed up".

When they saw me about 8 years later...

They could tell I had changed, that I didn't return to "normal", but that I had changed - into something better....

**I don't want you to "shoot for normal", I don't want you to settle for average or median or mediocre.**

I was told that I could go be a cop again, or maybe I could work in a liquor store..... THAT didn't motivate ME to heal.

**I want you - to be a mystery....**

I'm the guy who was when I was diagnosed with PTSD, I was told that I couldn't heal. That PTSD, is incurable. That only ONE IN A MILLION might....

**I want YOU to be that ONE IN A MILLION. I don't want you to settle for ONLY a million dollars, I want you to be that ONE IN A MILLION.**

I don't want you chasing ANYTHING. I want you to - discover SILENCE.

**The pure potential of YOU - in the belly - in the silence.**

“There is something DIFFERENT about him.”

I am the DRINK that the FIZZY comes from....

- **Don't settle for being a better iceberg in the ocean.**
- **Don't settle for being a bigger / better wave.**
- **Explore - being - the ocean. You are ALL THE WAVES.....**

We've barely explored the ocean.

You've barely explored what you are.

Explore “what I am”, not just “your strategies” and “your values” etc.

Your PURPOSES - are conjunctions of waves...

You don't EVER have to PROVE you are your CONJUNCTIONS.....  
when THE BELLY is involved.

I can't see much from the cottage, but I have a KNOWING that is much  
bigger than what I can see....

## **SILENCE**

- **You've seen us on camera.**
- **We can share emotion, we can share commotion.**
- **You also can notice - the silence - we share.**

With all of your wins - there is a silence - let it into ATTENTION.

## **LECTURE: ONE GREATER THAN JOHN**

Move beyond “denying your desires”.

The state of John still thinks “doing physical things” and “not doing physical things” - is “the key”.

Odd and funny bits....

- **I was supposed to be born on the feast day of John The Baptist.**
- **We were married on that day.**
- **We live in Eltham, which means “house of god”.**
- **We live in “the potter’s house”.**
- **My original surname, comes from “vine gardener”.**

Seems like I started this time around with “John The Baptist” in mind.

Meanwhile...

You don’t have to SACRIFICE anything.

In the old testament, heaps of physical sacrifice was taught. In the New Testament - in the GOSPELS (the good news) it’s taught there is only ONE sacrifice. FORGET - FORGIVE.

Move beyond - what DENIES you - your desires.

**Allow yourself to visit the belly often. But don’t just RETREAT there.**

Everything goes silent in the belly.

You COULD go there, and then live in a cave for 20 years in SILENCE.

But you are here, with all these options on the buffet, to have the ADVENTURE OF A LIFETIME.

- **The HEAD is afraid you are going to ignore what it thinks. Allow the head to SORT out, what needs sorted out.**

- **The HEART is afraid you aren't going to FEEL what is available. (The head wants to filter – what the heart gets to feel.)**
- **The BELLY allows you to discover - how all the goodies - get on the buffet.**

GET OUT of the castle, and explore the kingdom.