

MANIFESTING

TO THE MAX

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BY MR TWENTY TWENTY

INTRODUCTION TO IGNITION

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INTRODUCTION TO IGNITION

When I was in my mid twenties and started learning Native American survival skills and philosophy, I wanted to go to the woods and be left alone.

I had post traumatic stress disorder, because when I was 23 I managed to manifest the riot in Camp Hill, Pennsylvania where a 40 plus acre prison was pretty much burnt to the ground. That enabled me to get beat to death, have the whole awakening moment that that gives you, in what's called a near death experience. That got me back on track.

So that's when that all began. I wanted to go to the woods. I really didn't want to learn philosophy, but what I had experienced was a spirituality that was based on living in harmony with nature and noticing what most people missed.

One of the coolest things that came about from the riot at Camp Hill, was it drove me deep into NeuroLinguistic Programming. NLP is the study of the bread crumbs left behind by human thinking. It taught me to notice how people think, not just listen to what they say.

My Native American mentors taught me to notice what's going on in the woods instead of just going "that's a tree". One of the skills they taught me was a skill called the bow drill - the bow drill method of making fire by friction. And so literally I've learned that. And a couple of other ways to rub two sticks together to release stored sunlight, so I wouldn't freeze to death if I didn't have matches in the woods.

It's pretty darn cool and there is a lot of symbology with that skill. But one of the things that we've got to skip to pretty quick in the introduction

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is, there is a point in time when you are rubbing the two sticks together that a COAL forms, releasing the stored sun light.

I was taught that inside wood is stored sunlight. All that sunlight that goes on the leaves gets stored in the wood, and given the right conditions that sunlight could be released.

You can use that fire, that little seeming spark, and create a little coal that you can nurture into a flame. You can take that flame and nurture it into a fire. You can take that fire and you can make tools. You can harden the tips of arrows so that you've got really cool and functional arrow heads just made out of wood.

At the end of this basically you point it and you harden it. You can do this with digging tools as well, if you want to make a digging tool. You can use your fire to cook your food, and you can use your fire to keep your body warm.

If you are in cold conditions, you need fire to live. You can do about four minutes without oxygen. You can do about four hours without fire and shelter, unless the temperature is just right. You can do four days without water and you can do four weeks without food, but that doesn't mean there is not going to be damage or you are not going to be miserable.

But you will notice the second thing. It's pretty interesting because fire is often associated with spirit – we will be exploring some of that in these recordings I'm sure. But fire is something that most people don't really have a grip on, fire has to do with digestion, assimilation and fire has to do with transformation.

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If you look at it, fire shows up in almost every primitive culture. Not just as something that you need to stay alive, but it also shows up symbolically and with their traditions. You get that fire is really important and as a manifesto there is a point where a condition happens.

Let's talk about my car, I manifested a really cool BMW 325I. I got it for the price of a Chevy. I got exactly what I wanted because I follow the formula.

I turn the key and then there is ignition, and once that happens the car feels good. The car comes to life, and that's when I can put it in gear and I can steer. And what we get to do in this lifetime from what I can tell, is we are in charge of the gas and we are in charge of the steering. We often put the brakes on and we really don't need to. But we are in charge of the gas and we are in charge of the steering

But we need ignition first. So my old car, my old Volkswagen didn't always have ignition right. Maybe 3, maybe 4 and every now and then I would be driving and it would just stop. There was something that needed to be fixed, but we couldn't find it, so that old car went away.

But I want you to notice something. Once you notice ignition and you know what it feels like when the motor is running - its like when you rub two sticks together and you get that little coal, and then you turn that coal into a flame, and that flame into a fire.

You will know when you are in the state. You know when you have ignition and when you don't, without looking for signs. You see you've got a choice when you can feel ignition happen, and we've been exploring that on those Feel It Real Fun videos. How to do that - we're going to go really deep into that here and also what to do with this

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flame, this fire, this coal that happens for the ignition. But when you notice that you have ignition, you can rest.

Because it is time to stop rubbing two sticks together and to take care of that little baby coal – feed it. Neville would say, since you planted the seed, not to dig it up, maybe to give just a tiny little bit to it.

And so with ignition, there's a point we want you to know; if we were going to condense this down into just a little 15-minute lesson, instead of just a 15-minute introduction, we would tell you this.

Here is the introduction. I just drank some tea. I've got this lovely cocoa mint tea, or something. I don't know what it is, but it taste like licorice because that's what's actually in it. And so I just have some of this lovely licorice tea. I can smell it, it is right in front of me.

I've got my little Mac Book computer, so cool. And I've got my Blue Yeti microphone which enables me to talk and actually sound decent, and off to my left I've got this cup of tea. And as I sit here in this lovely cottage, this little mud brick cottage that was once just a dream, and you know it's a dream of ours to continue to restore and grow, and just let friends stay in once in a while, and use as our office as well.

As I sit here I can smell the tea, it's off to my left, and I am IMAGINING what it tastes like. Once I imagine what it is like enough, I find that I have to hit the pause button and I've got to take a drink, because I had imagined to the point where ignition happens. And when ignition happens, qualitative things change. You get it?

I want you to notice that with ignition qualitatively things change. What does that mean? The head likes that.

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If qualitatively things have changed, have things changed qualitatively? Yes or no? How would things change qualitatively? Can the head like that? The heart will go "Oh yes, things have changed". Or "No, fudge, it hasn't changed yet". And the belly gets to go, "All right. I got this. Something has changed. No need to put it into words now".

There is a calm that says stillness when we make that 18 inch journey. We've been exploring that. We will be exploring this heaps more in these recordings. And there is that knowing, "tea would feel and taste lovely". And it's when that belly comes back to the heart, and the heart says "Yes let's take some" and the head says "Pause the recording and take a sip of tea", which I just did.

That's how fast this works. This is what we call, if we are working with a client and we can tell, or really dive in, if they are doing a lot of reading on the articles. They've got some packages and they are just not noticing successes. Here is the thing - they're not noticing successes.

That doesn't mean they're not having them. It means they're not noticing them. So let's talk about noticing successes - this is really good.

"There are 3 levels that we manifest on." Okay. we're just going to break it into three things. The head likes to do that (break things apart).

And the head (heart) goes "Oh my God", or the heart goes (the heart just felt something)... the head goes there are three levels that we manifest on and the heart goes "Cool I'm learning something". "Yes this is the results we want", and the belly just sits with it – with what's going on.

Ok all of these recordings are going to bump into the other ones. Listen often to all of them.

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So we've got the (three levels) MUNDANE, we've got the MADNESS and we've got what most people would call the praise, the MIRACLES. All three of those are constantly happening in your life. Probably the most common two are at first, or maybe the first two that you get to notice are, the madness and the mundane.

So let's talk about the mundane. The mundane is literally what we are talking about right now. It is, I just imagine what the tea would feel like. The tea could sit there forever, but until I imagine what the tea would feel like and...

You know what I remember about my grandmother. She use to drink tea. Agnes was one of my first teachers. She use to drink tea in a cup. So why would I say it that way? Like what she would tell me - I drink tea in a cup. That's what a little boy would hear, or say, or mention to his grandma. So we've got the heart in there, the tea and a cup, and gosh I would take another sip of that tea.

I just drop into the belly, I enjoy a little bit of silence.

You don't need silence for long, because in silence there is no time. You could be silent for months, for years. You could sit in a cave for decades, or have that silence, knowing this is good. This is a good program, this is a good cup of tea. You get it, it's a knowing you feel in your bones.

It's not a "looks good, sounds good to me, well there could be an exception..." (this is the head)

It's not the head talk, it's not just a "Yea, yea this is it". (silence – knowing – in the belly.)

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The excitement (of the heart) wears off at some point, and then you get excited again. But you can't be excited 24/7 okay. But silence is where it all comes from.

Silent is the drink. If you could imagine a fizzy drink in a glass, silence is the fluid that the fizzy comes from. Silence is the stillness that contains all movement, and within silence is ignition.

So we're bumping you in the most loving way so far. We've got this 18 inch adventure, and we've got ignition. And your head is going to scramble it up to make sense of it all...

How exactly does it fill in, or can we see some connections? That's pretty cool. And if we do this first, and then that second, and then we have that old work, and the head will sort it out, but then suddenly then we will go “Oh but I don't know. What about this? How does it fit in with the teachings of Tony Roberts? What would I do if I want to think about that? The longer the fire walk the more the benefits. but I don't know, but maybe it's more the fire walk cost gives us bigger benefit.”

The head, well we are only in there to make money anyway would tell it's ok to pay money to people, money is just a sign of wealth, the head will talk to you forever and it will keep confused and confound and delayed up your feelings of the heart and most people will never touch the belly.

They never notice the ignition, “it's time to drink tea, it's time to move, it's time to do something different” and it's not a thought or it's time, it would be a good time for me to do it now, that's the head speaking. You will know that you've got the ignition when you've imagine needing ice cream and you find the spoon moving towards your mouth.

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The state is what drives the behavior and we are going to dive really deep into that so I want you to explore ignition by just noticing when you are sitting down, imagine standing up and walking to the point that you do that. Alright lets dive deeper.

ACTION STEPS

Keep this simple.

Imagine something simple – to the point where your body moves.

For example, imagine eating icecream, to the point where you actually eat it – and notice – when did “something move” enough to “move you”.

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